



## Explore, play and relax – even go for a climb. Find your wild side at Bluestone this spring.

Spring has sprung at Bluestone and there's no better time to find your wild side exploring our 500 acres of free range fun.

It's not just the diverse wildlife, flora or fauna that's getting excited as the sap continues to rise in our rich and diverse countryside and woodland.

Crammed full of gentle walks, exhilarating activities and sheer beauty for all to enjoy, there's an adventure for everyone out there.

We've just launched another great activity for all to enjoy – our 40ft

high rock climbing wall in the all-weather Adventure Centre.

Providing a safe but adrenalin-charged opportunity to find your wild side, embark on a route up the indoor rock wall to reach the top. Challenge friends and family to this great adventure.

And if that's not enough, head over to the the Big Four – The Drop, The Swing, the Sky Trail and The Wall for even more free range fun.

Relax and unwind

If you're after a bit of pampering, The Well Spa offers sanctuary away from the hustle and bustle of day-to-day life.

Its steam rooms and saunas and a wide array of ESPA spa treatments will help relax or invigorate you. Why not sample a snack or drink in The Olive Tree restaurant within the spa. Perfect to catch up with friends and family.

Why not try The Smithy?

Back by popular demand is The Smithy restaurant at The Yard.



This great restaurant offers a taste of Pembrokeshire and West Wales. Our chefs provide a range of delicious meals using locally sourced ingredients and produce wherever possible.

Or how about dining out in style at the Carreg Las (above The Tafarn pub). Our bistro provides a great place to end a fun packed day in style with family or friends with a menu to suit all tastes.

### USEFUL CONTACTS

Village Central: 01834 862 148  
(For information, to book a table or activity & general assistance)

Security (24 HRS): 01834 862 156  
(Emergency First Aid & Support)

The Well Spa 01834 862 418

Blue Lagoon: 01834 862 410

Yard Take Away: 01834 862 417  
(Available daily between 4 - 9.45PM)

**MONDAY**

TIME	ACTIVITY & DESCRIPTION
09.00	<b>GUEST ONLY SWIM</b> EXCLUSIVE TO STAYING GUESTS - 1 HOUR - BLUE LAGOON - GUARDIAN REQUIRED The Blue Lagoon opens its doors to residents for an early morning swim.
16.30	<b>CHECK IN TO YOUR ACCOMMODATION</b>
17.30	<b>KIDS HOUR</b> FREE - 1 HOUR - THE BANQUET HALL - GUARDIAN REQUIRED Kids Hour is a mad hour filled with party games, dancing and FUN! This is for all ages. Parents must stay to supervise the children.

**TUESDAY**

TIME	ACTIVITY & DESCRIPTION
09.00	<b>GUEST ONLY SWIM</b> EXCLUSIVE TO STAYING GUESTS - 1 HOUR - BLUE LAGOON - GUARDIAN REQUIRED The Blue Lagoon opens its doors to residents for an early morning swim. <b>SPACE EXPLORERS (0-3 YEARS)</b> £24 - 3 HOURS UNACCOMPANIED- ADVENTURE CENTRE - SNACK INCLUDED 5 4 3 2 1 Take Off... Fly to the planets in your rocket ship and play under the star lit sky. Land on the big yellow moon and watch the galaxy pass on by. Using your child's imagination, creation and with free play let them explore space in this 3 hour unaccompanied session.
09.30	<b>4X4 SAFARI DRIVER (6-11 YEARS)</b> £19 - 45 MINS - BIKE HIRE - GUARDIAN REQUIRED There are two fantastic new courses which challenge, excite and prepare the young ones for the future ahead. However, it is not your average run of the mill track. Amazing new features including narrow roads fenced in with fallen logs, hills, different levels, reversing bays, rickety bridges, willow tunnels and even a see-saw to drive over.
10.00	<b>MESSY PLAY - PARTY TIME (UNDER 5 YEARS)</b> £7 - 1 HOUR - ADVENTURE CENTRE - GUARDIAN REQUIRED It's BoBo the clowns birthday and she has invited you to her very messy birthday party. Join our mischievous clown with lots of her lovely friends as you get sticky in jelly and messy in ice cream. <b>ARCHERY (8 YEARS +)</b> £14 - 45 MINS - TOURNAMENT FIELD While technology has moved forward, those eager to step back in time should give archery a go. Armed with a bow and arrows, see how your skills measure against those of Twm Sion Cati, the Welsh Robin Hood. <b>LASER CLAY SHOOT (8 YEARS +)</b> £14 - 45 MINS - TOURNAMENT FIELD How good is your aim? Challenge your friends and family or try and get yourself on our leader board. Never tried it before? No problem. It's a totally safe and environmentally-friendly way to enjoy the thrill of hitting your mark! Even the kids can have a go.



11.00	<b>ARCHERY (8 YEARS +)</b> £14 - 45 MINS - TOURNAMENT FIELD <b>LASER CLAY SHOOT (8 YEARS +)</b> £14 - 45 MINS - TOURNAMENT FIELD
11.30	<b>THE SECRET VILLAGE (ALL AGES)</b> £7 - 1 HOUR - ADVENTURE CENTRE - GUARDIAN REQUIRED A session of pure wonder, voyage to the realm of the Hobbit & Fairy and see their Secret Village. In this mysterious adventure learn about these rare beings and then collect different magical dust to take away and grow your very own Fairy or Hobbit Village. An incredible session keeping the excitable imagination and magic alive. <b>4X4 SAFARI DRIVER (6-11 YEARS)</b> £19 - 45 MINS - BIKE HIRE - GUARDIAN REQUIRED
12.00	<b>ARCHERY (8 YEARS +)</b> £14 - 45 MINS - TOURNAMENT FIELD <b>LASER CLAY SHOOT (8 YEARS +)</b> £14 - 45 MINS - TOURNAMENT FIELD
13.00	<b>BLUESTONE BUCCANEERS (4-7 YEARS)</b> £13 - 2 HOURS - THE BANQUET HALL Join our Scallywags of the lake as they take you on a pirate adventure that's not to be missed. The Thieves of the woods have stolen the scallywags treasure and have hidden the missing pieces of the map. Help find the Map pieces and solve all the puzzle clues that may lead you to the Scallywags stolen Treasure. A 2 hour Adventure full of pirate shanties skills and clues.
13.30	<b>LANTERN WORKSHOP (ALL AGES)</b> £7 - 1 HOUR - ADVENTURE CENTRE - GUARDIAN REQUIRED A chance to be creative as a family as you craft an amazing lantern. <b>4X4 SAFARI DRIVER (6-11 YEARS)</b> £19 - 45 MINS - BIKE HIRE - GUARDIAN REQUIRED
	<b>CROSS BOW (8 YEARS +)</b> £14 - 45 MINS - TOURNAMENT FIELD See if you can hit the gong or knock the knight down!
	<b>CROSS BOW (8 YEARS +)</b> £14 - 45 MINS - TOURNAMENT FIELD <b>TAWNY TALES (ALL AGES)</b> £5 PER CHILD - 45 MINS - ACTIVITY CENTRE - GUARDIAN REQUIRED An interactive puppet show like you have never experienced before! Come visit Tawny the Owl, but brace yourself, as 't-wit t-who' knows what epic story time adventure you will become part of. In each little tale there is lots of family filled fun you are guaranteed to have a 'hoot'!
15.30	<b>BABY SENSORY (0-13 MONTHS)</b> £7 - 1 HOUR - ADVENTURE CENTRE - GUARDIAN REQUIRED Provides hundreds of sensory development activities that are great fun for parents and babies to share in the vital first year. The classes include fibre optic lights, bubbles, bells, musical fun, baby signing, puppet shows, amazing light balls and so much more. <b>4X4 SAFARI DRIVER (6-11 YEARS)</b> £19 - 45 MINS - BIKE HIRE - GUARDIAN REQUIRED
17.30	<b>KIDS HOUR FREE - 1 HOUR - THE BANQUET HALL - GUARDIAN REQUIRED</b> Kids Hour is a mad hour filled with party games, dancing and FUN! This is for all ages. Parents must stay to supervise the children.
20.30	<b>ONE PINT PLAY WITH MUSIC FREE - 2 HOURS - THE BANQUET HALL</b> A 'knight' like no other, set yourself up with Welsh ale from the Tafarn and cosy up around the fire for the most unusual hour of entertainment around. Like a true and typical Welsh Tafarn expect the unexpected, prepare yourself for great music, singing, laughter and an atmosphere that will leave you with a buzz of warmth and happiness... although that could also be the ale!



**BIKE & BUGGY HIRE**  
**BOOK NOW - LIMITED AVAILABILITY**

Tune into Bluestone Radio for news, offers and information via the television in your accommodation.





# THE BIG 4

THE SWING

THE DROP



SKY TRAIL

THE WALL

DAILY IN THE ADVENTURE CENTRE

10AM-5PM | FROM £6 EACH OR ALL 4 FOR £18  
(SAFETY RESTRICTIONS APPLY)

## WEDNESDAY

TIME	ACTIVITY & DESCRIPTION
09.00	<b>GUEST ONLY SWIM</b> EXCLUSIVE TO STAYING GUESTS - 1 HOUR - BLUE LAGOON - GUARDIAN REQUIRED The Blue Lagoon opens its doors to residents for an early morning swim.
	<b>CAPTAIN COVE: SEASIDE DISCOVERY (0-3 YEARS)</b> £24 - 3 HOURS UNACCOMPANIED- ADVENTURE CENTRE - SNACK INCLUDED A session full of wonder and discovery, come along to the captains cove and discover what lies within it. Set sail on your pirate ship on your quest to find the hidden treasures. Delve down to the ocean bed and watch all of the sea life swim around you, join your friends as you go on your voyage of discovery.
10.00	<b>4X4 SAFARI DRIVER (6-11 YEARS)</b> £19 - 45 MINS - BIKE HIRE - GUARDIAN REQUIRED There are two fantastic new courses which challenge, excite and prepare the young ones for the future ahead. However, it is not your average run of the mill track. Amazing new features including narrow roads fenced in with fallen logs, hills, different levels, reversing bays, rickety bridges, willow tunnels and even a see-saw to drive over.
	<b>HIGH ROPES (10 YEARS +) - MINIMUM HEIGHT 1.4M</b> £28 - 2 HOURS - STEEP RAVINE - GUARDIAN REQUIRED FOR UNDER 18'S FOR ADULT TO CHILD RATIO PLEASE ENQUIRE AT BOOKING Overcome your fears & get your adrenalin pumping at Steep Ravine, Bluestone's awesome high ropes adventure course. A series of climbing, balancing and zipping activities 40 feet in the air, our high ropes course and zip wires are designed to challenge you physically and mentally while still having leaps of fun.
	<b>CROSS BOW (8 YEARS +)</b> £14 - 45 MINS - TOURNAMENT FIELD See if you can hit the gong or knock the knight down!
	<b>HIGH ROPES (10 YEARS +) - MINIMUM HEIGHT 1.4M</b> £28 - 2 HOURS - STEEP RAVINE - GUARDIAN REQUIRED FOR UNDER 18'S FOR ADULT TO CHILD RATIO PLEASE ENQUIRE AT BOOKING

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	<b>CROSS BOW (8 YEARS +)</b> £14 - 45 MINS - TOURNAMENT FIELD
11.30	<b>TODDLER SENSORY (13-36 MONTHS)</b> £7 - 1 HOUR - ADVENTURE CENTRE - GUARDIAN REQUIRED Our programme is an adventure play activity that has been designed to introduce toddlers into learning through play and games. Toddler Sensory introduces a whole new world of adventure for toddlers and children up to the age of three years. Great music, great equipment and great new ideas! Imagine becoming a red indian, space adventurer, a rock star or even a creature from under the sea!
	<b>CROSS BOW (8 YEARS +)</b> £14 - 45 MINS - TOURNAMENT FIELD
13.00	<b>MUD MYSTERY (4-7 YEARS)</b> £24 - 3 HOURS - BANQUET HALL - FOOD INCLUDED Become a Dragon Detective. Do you have the skills to track down the lost bones of the Dragon from the Preseli Mountains? An action packed adventure through the National Park Forest following dragon footprints, map reading, stream crossing and unearthing different Dragon Bones. Embark on your very own archeological dig at the different locations on the map and discover bones using your own fossil brush. Along the way you must solve riddles that will take you up streams, over bridges and through the boggy mud on your quest to find the lost bones and piece together the last remaining Dragon from our Preseli Mountains.
	<b>TREE CLIMBING (6 YEARS +)</b> £11 - 1 HOUR - CAMP SMOKEY - GUARDIAN REQUIRED TO BE PRESENT When was the last time you climbed a tree just for the fun of it? Tree climbing is a fantastic outdoor activity which allows you to experience a unique perspective of your surroundings. It's a fun pursuit and also a challenge - experience a whole range of different climbing experiences with a mix of tree, ice and rock climbing you'll be sure to have a great sense of achievement after the climb.
13.30	<b>BEAST HUNT - NATURE (ALL AGES)</b> £7 - 1 HOUR - THE BANQUET HALL - GUARDIAN REQUIRED Not for those scared of the wriggles! Armed with your very own detective equipment you will need to use your skills and try to think like a mini beast of the woods. With the help of our Woodland Ranger you will search the fantastic grounds of the National Park in search of the woodland mini beasts.
	<b>WOODLAND WARRIOR (8 YEARS +)</b> £19 - 1.5 HOURS - STEEP RAVINE Woodland warrior laser combat is like paint ball but without the paint and without the pain. It fires lasers and all hits are recorded. The woodland arena is set at the top of Steep Ravine in a dedicated wooded area. There are hides, ditches, bivouacs, and of course you and your opponent's camp. Our own instructors will guide you through different games and challenges. Be prepared to get down and dirty with our mud.
14.00	<b>TREE CLIMBING (6 YEARS +)</b> £11 - 1 HOUR - CAMP SMOKEY - GUARDIAN REQUIRED TO BE PRESENT
	<b>ARCHERY (8 YEARS +)</b> £14 - 45 MINS - TOURNAMENT FIELD While technology has moved forward, those eager to step back in time should give archery a go. Armed with a bow and arrows, see how your skills measure against those of Twm Sion Cati, the Welsh Robin Hood.
14.30	<b>LASER CLAY SHOOT (8 YEARS +)</b> £14 - 45 MINS - TOURNAMENT FIELD How good is your aim? Challenge your friends and family or try and get yourself on our leader board. Never tried it before? No problem. It's a totally safe and environmentally-friendly way to enjoy the thrill of hitting your mark! Even the kids can have a go.
	<b>ASSAULT COURSE (8 YEARS +)</b> £11.00 (£30 FOR 4) - 1 HOUR - TOURNAMENT FIELD This fun session will give you the feel of an army assault course. Our instructor will put you through your paces to see if you make the grade and pass out or just simply if you pass out from over doing it. A session set to trim the inches and bulge the biceps along with a dollop of fun.



# Woody Wilds Dinner Show

Interactive show with food at the Wild Wood!

With the Woody Wilds show it's time for fun, so come on out and meet everyone.

There's Shelby Snail moving really slow and a very busy friend who can it be? Buzz buzz buzz it's Buzby Bee. The most beautiful voice you have ever heard, It's the lovely Lola, the Ladybird. Last but not least there's Huwie Hedgehog, but he's still fast asleep in his comfy log!!!

£9.95 per adult & £4.95 per child

Booking Essential



	<p><b>TREE CLIMBING</b> (6 YEARS +) £11 - 1 HOUR - CAMP SMOKEY - GUARDIAN REQUIRED TO BE PRESENT</p>
	<p><b>ARCHERY</b> (8 YEARS +) £14 - 45 MINS - TOURNAMENT FIELD</p>
15.00	<p><b>LASER CLAY SHOOT</b> (8 YEARS +) £14 - 45 MINS - TOURNAMENT FIELD</p>
	<p><b>TAWNY TALES</b> (ALL AGES) £5 PER CHILD - 45 MINS - ACTIVITY CENTRE - GUARDIAN REQUIRED An interactive puppet show like you have never experienced before! Come visit Tawny the Owl, but brace yourself, as 't-wit t-who' knows what epic story time adventure you will become part of. In each little tale there is lots of family filled fun you are guaranteed to have a 'hoot'!</p>
15.30	<p><b>MESSY PLAY - SPACE RANGERS</b> (UNDER 5 YEARS) £7 - 1 HOUR - ADVENTURE CENTRE - GUARDIAN REQUIRED Join our Space Ranger as they take you on a journey of exploring Space. Feel what it's like to walk on the moon and get very messy along the way. This is a space mission that's not to be missed. All aboard ready for blast off!...</p>
17.00	<p><b>ROCK CLIMBING</b> (6 YEARS+) - MIN HEIGHT 1.1M, MAX WEIGHT 18.9 STONE £18 - 1 HOUR - ADVENTURE CENTRE Do you like a challenge? Then come rock climbing and tackle 'The Overhang'. Nothing is out of reach in this one hour session where our trained professionals push the limits of adventure to the peak. No matter what level of knowledge or climbing experience, you will have guidance and support to achieve the challenges you set yourself. Can you climb beyond vertical in this 12 metre rock face? Aim BIG! climb BIG! Book now as the Challenge awaits you!</p>
	<p><b>AQUA ADVENTURE</b> FREE - UP TO 2 HOURS - BLUE LAGOON Fun packed water sports for all ages. Activities include the eliminator with inflatable slides and inflatable tubes.</p>
17.30	<p><b>KIDS HOUR FREE</b> - 1 HOUR - THE BANQUET HALL - GUARDIAN REQUIRED Kids Hour is a mad hour filled with party games, dancing and FUN! This is for all ages. Parents must stay to supervise the children.</p>
20.30	<p><b>MEDIAeval GAME SHOW</b> FREE - 1 HOUR - THE BANQUET HALL Keep the Little Tykes entertained. Join our Knights off guard for some Medieval fun and games.</p>

**ROCK CLIMB**  
ADVENTURE CENTRE | £18 | 1 HOUR | LIMITED SPACES  
PROFESSIONAL CLIMBING WALL FOR ALL ABILITIES



## Resort Programme - Thursday

THURSDAY	
TIME	ACTIVITY & DESCRIPTION
09.00	<p><b>GUEST ONLY SWIM</b> EXCLUSIVE TO STAYING GUESTS - 1 HOUR - BLUE LAGOON - GUARDIAN REQUIRED The Blue Lagoon opens its doors to residents for an early morning swim.</p>
09.30	<p><b>4X4 SAFARI DRIVER (6-11 YEARS)</b> £19 - 45 MINS - BIKE HIRE - GUARDIAN REQUIRED There are two fantastic new courses which challenge, excite and prepare the young ones for the future ahead. However, it is not your average run of the mill track. Amazing new features including narrow roads fenced in with fallen logs, hills, different levels, reversing bays, rickety bridges, willow tunnels and even a see-saw to drive over.</p>
10.00	<p><b>BLUESTONE BUCCANEERS (4-7 YEARS)</b> £13 - 2 HOURS - THE BANQUET HALL Join our Scallywags of the lake as they take you on a pirate adventure that's not to be missed. The Thieves of the woods have stolen the scallywags treasure and have hidden the missing pieces of the map. Help find the Map pieces and solve all the puzzle clues that may lead you to the Scallywags stolen Treasure. A 2 hour Adventure full of pirate shanties skills and clues.</p>
	<p><b>MESSY PLAY - ZOO TIME (UNDER 5 YEARS)</b> £7 - 1 HOUR - ADVENTURE CENTRE - GUARDIAN REQUIRED We are going to the Zoo Zoo Zoo. How about you you you. You can come too too too, we are going to the zoo zoo zoo.. Join our wacky zoo keepers as they take you on a visit to our very messy zoo.</p>
	<p><b>BALLOON MODELLING (ALL AGES)</b> £7 - 1 HOUR - ADVENTURE CENTRE - GUARDIAN REQUIRED Become the coolest kid at the party with a whole hour of balloon modelling. From swords &amp; flowers to dogs &amp; crowns learn the skills to become a balloon modelling wizard.</p>
	<p><b>HIGH ROPES (10 YEARS +) - MINIMUM HEIGHT 1.4M</b> £28 - 2 HOURS - STEEP RAVINE - GUARDIAN REQUIRED FOR UNDER 18'S FOR ADULT TO CHILD RATIO PLEASE ENQUIRE AT BOOKING Overcome your fears &amp; get your adrenalin pumping at Steep Ravine, Bluestone's awesome high ropes adventure course. A series of climbing, balancing and zipping activities 40 feet in the air, our high ropes course and zip wires are designed to challenge you physically and mentally while still having leaps of fun.</p>
	<p><b>ARCHERY (8 YEARS +)</b> £14 - 45 MINS - TOURNAMENT FIELD While technology has moved forward, those eager to step back in time should give archery a go. Armed with a bow and arrows, see how your skills measure against those of Twm Sion Cati, the Welsh Robin Hood.</p>
10.00	<p><b>LASER CLAY SHOOT (8 YEARS +)</b> £14 - 45 MINS - TOURNAMENT FIELD How good is your aim? Challenge your friends and family or try and get yourself on our leader board. Never tried it before? No problem. It's a totally safe and environmentally-friendly way to enjoy the thrill of hitting your mark! Even the kids can have a go.</p>
	<p><b>GUIDED WALK</b> FREE - 1 HOUR - THE VILLAGE Take a step back and discover Bluestones rich history with a guided tour by our resident historian Terry John.</p>
10.30	<p><b>HIGH ROPES (10 YEARS +) - MINIMUM HEIGHT 1.4M</b> £28 - 2 HOURS - STEEP RAVINE - GUARDIAN REQUIRED FOR UNDER 18'S FOR ADULT TO CHILD RATIO PLEASE ENQUIRE AT BOOKING</p>
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11.30	<p><b>BEAST HUNT - POND DIPPING (ALL AGES)</b> £7 - 1 HOUR - ADVENTURE CENTRE - GUARDIAN REQUIRED A unique family session helping you explore the depths of the Bluestone lake. As you are equipped with your very own net and some support from your intrigued adult, you are encouraged to scrape the bed of the lake, the reeds and areas you think you may find signs of life.</p>
	<p><b>LANTERN WORKSHOP</b> £7 - 1 HOUR - ADVENTURE CENTRE - GUARDIAN REQUIRED A chance to be creative as a family as you craft an amazing lantern.</p>
12.00	<p><b>4X4 SAFARI DRIVER (6-11 YEARS)</b> £19 - 45 MINS - BIKE HIRE - GUARDIAN REQUIRED</p>
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13.00	<p><b>THE SECRET KINGDOM (0-3 YEARS)</b> £24 - 3 HOURS UNACCOMPANIED- ADVENTURE CENTRE - SNACK INCLUDED An unaccompanied session where your little one may discover the Hidden location of the Secret Kingdom where no Big People have gone before. Collect your magical dust where you too can become a Woodland Fairy or Hobbit and join the mystical beings on the journey of discovery. A session full of imagination, creation and free play.</p>
	<p><b>TREE CLIMBING (6 YEARS +)</b> £11 - 1 HOUR - CAMP SMOKEY - GUARDIAN REQUIRED When was the last time you climbed a tree just for the fun of it? Tree climbing is a fantastic outdoor activity which allows you to experience a unique perspective of your surroundings. It's a fun pursuit and also a challenge - experience a whole range of different climbing experiences with a mix of tree, ice and rock climbing you'll be sure to have a great sense of achievement after the climb.</p>
13.30	<p><b>BABY SENSORY (0-13 MONTHS)</b> £7 - 1 HOUR - ADVENTURE CENTRE - GUARDIAN REQUIRED Provides hundreds of sensory development activities that are great fun for parents and babies to share in the vital first year. The classes include fibre optic lights, bubbles, bells, musical fun, baby signing, puppet shows, amazing light balls and so much more.</p>
	<p><b>PUPPET WORKSHOP (ALL AGES)</b> £7 - 1 HOUR - ADVENTURE CENTRE - GUARDIAN REQUIRED This fun filled puppet making workshop will get imaginations tick tocking as your Little Tykes are invited to create their very own characters</p>
14.00	<p><b>4X4 SAFARI DRIVER (6-11 YEARS)</b> £19 - 45 MINS - BIKE HIRE - GUARDIAN REQUIRED</p>
	<p><b>WOODLAND WARRIOR (8 YEARS +)</b> £19 - 1.5 HOURS - STEEP RAVINE Woodland warrior laser combat is like paint ball but without the paint and without the pain. It fires lasers and all hits are recorded. The woodland arena is set at the top of Steep Ravine in a dedicated wooded area. There are hides, ditches, bivouacs, and of course you and your opponent's camp. Our own instructors will guide you through different games and challenges. Be prepared to get down and dirty with our mud.</p>
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	<p><b>CROSS BOW (8 YEARS +)</b> £14 - 45 MINS - TOURNAMENT FIELD See if you can hit the gong or knock the knight down!</p>
14.30	<p><b>ASSAULT COURSE (8 YEARS +)</b> £11.00 (£30 FOR 4) - 1 HOUR - TOURNAMENT FIELD This fun session will give you the feel of an army assault course. Our instructor will put you through your paces to see if you make the grade and pass out or just simply if you pass out from over doing it. A session set to trim the inches and bulge the biceps along with a dollop of fun.</p>
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	<p><b>CROSS BOW (8 YEARS +)</b> £14 - 45 MINS - TOURNAMENT FIELD</p>
15.30	<p><b>BEAST HUNT - NATURE</b> £7 - 1 HOUR - THE BANQUET HALL - GUARDIAN REQUIRED Not for those scared of the wriggles! Armed with your very own detective equipment you will need to use your skills and try to think like a mini beast of the woods. With the help of our Woodland Ranger you will search the fantastic grounds of the National Park in search of the woodland mini beasts.</p>
	<p><b>4X4 SAFARI DRIVER (6-11 YEARS)</b> £19 - 45 MINS - BIKE HIRE - GUARDIAN REQUIRED</p>
16.30	<p><b>WOODY WILD SHOW</b> £4.95 (CHILD) £9.95 (ADULT) - 90 MINS - WILDWOOD CAFE - GUARDIAN REQUIRED With the Woody Wilds show it's time for fun, so come on out and meet everyone. There's Shelby Snail moving really slow and a very busy friend who can it be? Buzz buzz buzz it's Buzzy Bee. The most beautiful voice you have ever heard. It's the lovely Lola, the Ladybird. Last but not least there's Huwiew Hedgehog, but he's still fast asleep in his comfy log!!!</p>
17.00	<p><b>ROCK CLIMBING (6 YEARS+)- MIN HEIGHT 1.1M, MAX WEIGHT 18.9 STONE</b> £18 - 1 HOUR - ADVENTURE CENTRE Do you like a challenge? Then come rock climbing and tackle 'The Overhang'. Nothing is out of reach in this one hour session where our trained professionals push the limits of adventure to the peak. No matter what level of knowledge or climbing experience, you will have guidance and support to achieve the challenges you set yourself. Can you climb beyond vertical in this 12 metre rock face? Aim BIG! climb BIG! Book now as the Challenge awaits you!</p>
17.30	<p><b>KIDS HOUR FREE - 1 HOUR - THE BANQUET HALL - GUARDIAN REQUIRED</b> Kids Hour is a mad hour filled with party games, dancing and FUN! This is for all ages. Parents must stay to supervise the children.</p>
20.30	<p><b>PUB QUIZ</b> FREE - THE BANQUET HALL - GUARDIAN REQUIRED Pit your wits against fellow guests for the title of Brain of Bluestone.</p>



FRIDAY	
TIME	ACTIVITY & DESCRIPTION
09.00	<b>GUEST ONLY SWIM</b> EXCLUSIVE TO STAYING GUESTS - 1 HOUR - BLUE LAGOON - GUARDIAN REQUIRED The Blue Lagoon opens its doors to residents for an early morning swim.
16.30	<b>CHECK IN TO YOUR ACCOMMODATION</b>
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18.00	<b>WILD WATER</b> FREE - UP TO 3 HOURS - BLUE LAGOON - GUARDIAN REQUIRED Big nerves, big waves! Come and enjoy our state of the art waterpark with its waves, cannons and jets all on max power!

How about

**£25 off**

your next break!

**Book another break online in the next 60 days then you'll get £25 off your holiday!**  
Just visit [www.bluestonewales.com/missyou](http://www.bluestonewales.com/missyou)

SATURDAY	
TIME	ACTIVITY & DESCRIPTION
	<b>GUEST ONLY SWIM</b> EXCLUSIVE TO STAYING GUESTS - 1 HOUR - BLUE LAGOON - GUARDIAN REQUIRED The Blue Lagoon opens its doors to residents for an early morning swim.
09.00	<b>CAPTAIN COVE: SEASIDE DISCOVERY (0-3 YEARS)</b> £24 - 3 HOURS UNACCOMPANIED - ADVENTURE CENTRE - SNACK INCLUDED A session full of wonder and discovery, come along to the captains cove and discover what lies within it. Set sail on your pirate ship on your quest to find the hidden treasures. Delve down to the ocean bed and watch all of the sea life swim around you, join your friends as you go on your voyage of discovery.
	<b>MUD MYSTERY (4-7 YEARS)</b> £24 - 3 HOURS - BANQUET HALL - FOOD INCLUDED Become a Dragon Detective. Do you have the skills to track down the lost bones of the Dragon from the Preseli Mountains? An action packed adventure through the National Park Forest following dragon footprints, map reading, stream crossing and unearthing different Dragon Bones. Embark on your very own archeological dig at the different locations on the map and discover bones using your own fossil brush. Along the way you must solve riddles that will take you up streams, over bridges and through the boggy mud on your quest to find the lost bones and piece together the last remaining Dragon from our Preseli Mountains.
09.30	<b>4X4 SAFARI DRIVER (6-11 YEARS)</b> £19 - 45 MINS - BIKE HIRE - GUARDIAN REQUIRED There are two fantastic new courses which challenge, excite and prepare the young ones for the future ahead. However, it is not your average run of the mill track. Amazing new features including narrow roads fenced in with fallen logs, hills, different levels, reversing bays, rickety bridges, willow tunnels and even a see-saw to drive over.
	<b>BABY SENSORY (0-13 MONTHS)</b> £7 - 1 HOUR - ADVENTURE CENTRE - GUARDIAN REQUIRED Provides hundreds of sensory development activities that are great fun for parents and babies to share in the vital first year. The classes include fibre optic lights, bubbles, bells, musical fun, baby signing, puppet shows, amazing light balls and so much more.
	<b>HIGH ROPES (10 YEARS +) - MINIMUM HEIGHT 1.4M</b> £28 - 2 HOURS - STEEP RAVINE - GUARDIAN REQUIRED FOR UNDER 18'S FOR ADULT TO CHILD RATIO PLEASE ENQUIRE AT BOOKING Overcome your fears & get your adrenalin pumping at Steep Ravine, Bluestone's awesome high ropes adventure course. A series of climbing, balancing and zipping activities 40 feet in the air, our high ropes course and zip wires are designed to challenge you physically and mentally while still having leaps of fun.
10.00	<b>ARCHERY (8 YEARS +)</b> £14 - 45 MINS - TOURNAMENT FIELD While technology has moved forward, those eager to step back in time should give archery a go. Armed with a bow and arrows, see how your skills measure against those of Twm Sion Catï, the Welsh Robin Hood.
	<b>LASER CLAY SHOOT (8 YEARS +)</b> £14 - 45 MINS - TOURNAMENT FIELD How good is your aim? Challenge your friends and family or try and get yourself on our leader board. Never tried it before? No problem. It's a totally safe and environmentally-friendly way to enjoy the thrill of hitting your mark! Even the kids can have a go.
	<b>GUIDED WALK</b> FREE - 1 HOUR - THE VILLAGE Take a step back and discover Bluestones rich history with a guided tour by our resident historian Terry John.
10.30	<b>HIGH ROPES (10 YEARS +) - MINIMUM HEIGHT 1.4M</b> £28 - 2 HOURS - STEEP RAVINE - GUARDIAN REQUIRED FOR UNDER 18'S FOR ADULT TO CHILD RATIO PLEASE ENQUIRE WHEN BOOKING
	<b>HIGH ROPES (10 YEARS +) - MINIMUM HEIGHT 1.4M</b> £28 - 2 HOURS - STEEP RAVINE - GUARDIAN REQUIRED FOR UNDER 18'S FOR ADULT TO CHILD RATIO PLEASE ENQUIRE WHEN BOOKING
11.00	<b>ARCHERY (8 YEARS +)</b> £14 - 45 MINS - TOURNAMENT FIELD
	<b>LASER CLAY SHOOT (8 YEARS +)</b> £14 - 45 MINS - TOURNAMENT FIELD
11.30	<b>THE SECRET VILLAGE (ALL AGES)</b> £7 - 1 HOUR - ADVENTURE CENTRE - GUARDIAN REQUIRED A session of pure wonder, voyage to the realm of the Hobbit & Fairy and see their Secret Village. In this mysterious adventure learn about these rare beings and then collect different magical dust to take away and grow your very own Fairy or Hobbit Village. An incredible session keeping the excitable imagination and magic alive.
	<b>4X4 SAFARI DRIVER (6-11 YEARS)</b> £19 - 45 MINS - BIKE HIRE - GUARDIAN REQUIRED



12.00	<p><b>ARCHERY</b> (8 YEARS +) £14 - 45 MINS - TOURNAMENT FIELD</p> <p><b>LASER CLAY SHOOT</b> (8 YEARS +) £14 - 45 MINS - TOURNAMENT FIELD</p>
13.00	<p><b>SPACE EXPLORERS</b> (0-3 YEARS) £24 - 3 HOURS UNACCOMPANIED- ADVENTURE CENTRE - SNACK INCLUDED 5 4 3 2 1 Take Off... Fly to the planets in your rocket ship and play under the star lit sky. Land on the big yellow moon and watch the galaxy pass on by. Using your child's Imagination, creation and with free play let them explore space in this 3 hour unaccompanied session.</p> <p><b>WOODLAND SURVIVOR</b> (8-12 YEARS) £24 - 3 HOURS - BANQUET HALL - FOOD INCLUDED Zip into the Bluestone woods with your team. Will your team be the first to build a shelter and take on the first team challenge?</p> <p><b>TREE CLIMBING</b> (6 YEARS +) £11 - 1 HOUR - CAMP SMOKEY - GUARDIAN REQUIRED When was the last time you climbed a tree just for the fun of it? Tree climbing is a fantastic outdoor activity which allows you to experience a unique perspective of your surroundings. It's a fun pursuit and also a challenge - experience a whole range of different climbing experiences with a mix of tree, ice and rock climbing you'll be sure to have a great sense of achievement after the climb.</p>
13.30	<p><b>BEAST HUNT - NATURE</b> ALL AGES) £7 - 1 HOUR - THE BANQUET HALL - GUARDIAN REQUIRED Not for those scared of the wriggles! Armed with your very own detective equipment you will need to use your skills and try to think like a mini beast of the woods. With the help of our Woodland Ranger you will search the fantastic grounds of the National Park in search of the woodland mini beasts.</p> <p><b>4X4 SAFARI DRIVER</b> (6-11 YEARS) £19 - 45 MINS - BIKE HIRE - GUARDIAN REQUIRED</p>
14.00	<p><b>WOODLAND WARRIOR</b> (8 YEARS +) £19 - 1.5 HOURS - STEEP RAVINE Woodland warrior laser combat is like paint ball but without the paint and without the pain. It fires lasers and all hits are recorded. The woodland arena is set at the top of Steep Ravine in a dedicated wooded area. There are hides, ditches, bivouacs, and of course you and your opponent's camp. Our own instructors will guide you through different games and challenges. Be prepared to get down and dirty with our mud.</p> <p><b>TREE CLIMBING</b> (6 YEARS +) £11 - 1 HOUR - CAMP SMOKEY - GUARDIAN REQUIRED</p> <p><b>CROSS BOW</b> (8 YEARS +) £14 - 45 MINS - TOURNAMENT FIELD See if you can hit the gong or knock the knight down!</p>
14.30	<p><b>ASSAULT COURSE</b> (8 YEARS +) £11.00 (£30 FOR 4) - 1 HOUR - TOURNAMENT FIELD This fun session will give you the feel of an army assault course. Our instructor will put you through your paces to see if you make the grade and pass out or just simply if you pass out from over doing it. A session set to trim the inches and bulge the biceps along with a dollop of fun.</p>
15.00	<p><b>TREE CLIMBING</b> (6 YEARS +) £11 - 1 HOUR - CAMP SMOKEY - GUARDIAN REQUIRED</p> <p><b>CROSS BOW</b> (8 YEARS +) £14 - 45 MINS - TOURNAMENT FIELD</p>
15.30	<p><b>MESSY PLAY - SPACE RANGERS</b> (UNDER 5 YEARS) £7 - 1 HOUR - ADVENTURE CENTRE - GUARDIAN REQUIRED Join our Space Ranger as they take you on a journey of exploring Space. Feel what it's like to walk on the moon and get very messy along the way. This is a space mission that's not to be missed. All aboard ready for blast off!....</p> <p><b>4X4 SAFARI DRIVER</b> (6-11 YEARS) £19 - 45 MINS - BIKE HIRE - GUARDIAN REQUIRED</p>



16.30	<p><b>WOODY WILD SHOW</b> £4.95 (CHILD) £9.95 (ADULT) - 90 MINS - WILDWOOD CAFE - GUARDIAN REQUIRED With the Woody Wilds show it's time for fun, so come on out and meet everyone. There's Shelby Snail moving really slow and a very busy friend who can it be? Buzz buzz buzz it's Buzby Bee. The most beautiful voice you have ever heard. It's the lovely Lola, the Ladybird. Last but not least there's Huwie Hedgehog, but he's still fast asleep in his comfy log!!!</p>
17.00	<p><b>ROCK CLIMBING</b> (6 YEARS+) - MIN HEIGHT 1.1M, MAX WEIGHT 18.9 STONE £18 - 1 HOUR - ADVENTURE CENTRE Do you like a challenge? Then come rock climbing and tackle 'The Overhang'. Nothing is out of reach in this one hour session where our trained professionals push the limits of adventure to the peak. No matter what level of knowledge or climbing experience, you will have guidance and support to achieve the challenges you set yourself. Can you climb beyond vertical in this 12 metre rock face? Aim BIG! climb BIG! Book now as the Challenge awaits you!</p>
17.30	<p><b>KIDS HOUR</b> FREE - 1 HOUR - THE BANQUET HALL - GUARDIAN REQUIRED Kids Hour is a mad hour filled with party games, dancing and FUN! This is for all ages. Parents must stay to supervise the children.</p>
18.30	<p><b>MOVIE NIGHT</b> (4-7 YEARS) £10.50 - 2.5 HOURS - ADVENTURE CENTRE - SNACK INCLUDED - FILMS U OR PG Drop your young ones off and let them enjoy a little bit of time without mum and dad cramming their style! Come together with all of your new friends and choose which favourite movie to watch.</p>
20.30	<p><b>ONE PINT PLAY WITH MUSIC</b> FREE - 2 HOURS - THE BANQUET HALL A 'knight' like no other, set yourself up with Welsh ale from the Tafarn and cosy up around the fire for the most unusual hour of entertainment around. Like a true and typical Welsh Tafarn expect the unexpected, prepare yourself for great music, singing, laughter and an atmosphere that will leave you with a buzz of warmth and happiness... although that could also be the ale!</p>

**EXCLUSIVE GUEST ONLY SWIMMING EACH MORNING AT 9AM**

**BLUE LAGOON**  
water park

SUNDAY	
TIME	ACTIVITY & DESCRIPTION
09.00	<p><b>GUEST ONLY SWIM</b> EXCLUSIVE TO STAYING GUESTS - 1 HOUR - BLUE LAGOON - GUARDIAN REQUIRED The Blue Lagoon opens its doors to residents for an early morning swim.</p>
	<p><b>ZOO KEEPERS ANIMAL MAGIC (0-3 YEARS)</b> £24 - 3 HOURS UNACCOMPANIED- ADVENTURE CENTRE - SNACK INCLUDED Get messy in the Lion's Den and wet in the rhino pool, look up high to Mr. Giraffe and down to Mrs. Mule. Join the monkeys and lark about as they play chase with you. Don't wait another moment, come play at our Magical Zoo that's jam packed full of imagination, creation and free play.</p>
09.30	<p><b>4X4 SAFARI DRIVER (6-11 YEARS)</b> £19 - 45 MINS - BIKE HIRE - GUARDIAN REQUIRED There are two fantastic new courses which challenge, excite and prepare the young ones for the future ahead. However, it is not your average run of the mill track. Amazing new features including narrow roads fenced in with fallen logs, hills, different levels, reversing bays, rickety bridges, willow tunnels and even a see-saw to drive over.</p>
10.00	<p><b>MESSY PLAY - ZOO TIME (UNDER 5 YEARS)</b> £7 - 1 HOUR - ADVENTURE CENTRE - GUARDIAN REQUIRED We are going to the Zoo Zoo Zoo, How about you you you, You can come too too too, we are going to the zoo zoo zoo.. Join our wacky zoo keepers as they take you on a visit to our very messy zoo.</p>
	<p><b>BALLOON MODELLING (ALL AGES)</b> £7 - 1 HOUR - ADVENTURE CENTRE - GUARDIAN REQUIRED Become the coolest kid at the party with a whole hour of balloon modelling. From swords &amp; flowers to dogs &amp; crowns learn the skills to become a balloon modelling wizard.</p>
	<p><b>HIGH ROPES (10 YEARS +) - MINIMUM HEIGHT 1.4M</b> £28 - 2 HOURS - STEEP RAVINE - GUARDIAN REQUIRED FOR UNDER 18'S FOR ADULT TO CHILD RATIO PLEASE ENQUIRE AT BOOKING Overcome your fears &amp; get your adrenalin pumping at Steep Ravine, Bluestone's awesome high ropes adventure course. A series of climbing, balancing and zipping activities 40 feet in the air, our high ropes course and zip wires are designed to challenge you physically and mentally while still having leaps of fun.</p>
	<p><b>CROSS BOW (8 YEARS +)</b> £14 - 45 MINS - TOURNAMENT FIELD See if you can hit the gong or knock the knight down!</p>
10.30	<p><b>HIGH ROPES (10 YEARS +) - MINIMUM HEIGHT 1.4M</b> £28 - 2 HOURS - STEEP RAVINE - GUARDIAN REQUIRED FOR UNDER 18'S FOR ADULT TO CHILD RATIO PLEASE ENQUIRE AT BOOKING</p>
11.00	<p><b>HIGH ROPES (10 YEARS +) - MINIMUM HEIGHT 1.4M</b> £28 - 2 HOURS - STEEP RAVINE - GUARDIAN REQUIRED FOR UNDER 18'S FOR ADULT TO CHILD RATIO PLEASE ENQUIRE AT BOOKING</p>
	<p><b>CROSS BOW (8 YEARS +)</b> £14 - 45 MINS - TOURNAMENT FIELD</p>
11.30	<p><b>BEAST HUNT - POND DIPPING</b> £7 - 1 HOUR - ADVENTURE CENTRE - GUARDIAN REQUIRED A unique family session helping you explore the depths of the Bluestone lake. As you are equipped with your very own net and some support from your intrigued adult, you are encouraged to scrape the bed of the lake, the reeds and areas you think you may find signs of life.</p>
	<p><b>LANTERN WORKSHOP</b> £7 - 1 HOUR - ADVENTURE CENTRE - GUARDIAN REQUIRED A chance to be creative as a family as you craft an amazing lantern.</p>
	<p><b>4X4 SAFARI DRIVER (6-11 YEARS)</b> £19 - 45 MINS - BIKE HIRE - GUARDIAN REQUIRED</p>
13.00	<p><b>CROSS BOW (8 YEARS +)</b> £14 - 45 MINS - TOURNAMENT FIELD</p>
	<p><b>BLUESTONE BUCCANEERS (4-7 YEARS)</b> £13 - 2 HOURS - THE BANQUET HALL Join our Scallywags of the lake as they take you on a pirate adventure that's not to be missed. The Thieves of the woods have stolen the scallywags treasure and have hidden the missing pieces of the map. Help find the Map pieces and solve all the puzzle clues that may lead you to the Scallywags stolen Treasure. A 2 hour Adventure full of pirate shanties skills and clues.</p>
13.00	<p><b>TREE CLIMBING (6 YEARS +)</b> £11 - 1 HOUR - CAMP SMOKEY - GUARDIAN REQUIRED When was the last time you climbed a tree just for the fun of it? Tree climbing is a fantastic outdoor activity which allows you to experience a unique perspective of your surroundings. It's a fun pursuit and also a challenge - experience a whole range of different climbing experiences with a mix of tree, ice and rock climbing you'll be sure to have a great sense of achievement after the climb.</p>

13.30	<p><b>TODDLER SENSORY (13-36 MONTHS)</b> £7 - 1 HOUR - ADVENTURE CENTRE - GUARDIAN REQUIRED Our programme is an adventure play activity that has been designed to introduce toddlers into learning through play and games. Toddler Sensory introduces a whole new world of adventure for toddlers and children up to the age of three years. Great music, great equipment and great new ideas! Imagine becoming a red indian, space adventurer, a rock star or even a creature from under the sea!</p>
	<p><b>PUPPET WORKSHOP (ALL AGES)</b> £7 - 1 HOUR - ADVENTURE CENTRE - GUARDIAN REQUIRED This fun filled puppet making workshop will get imaginations tick tocking as your Little Tykes are invited to create their very own characters</p>
14.00	<p><b>4X4 SAFARI DRIVER (6-11 YEARS)</b> £19 - 45 MINS - BIKE HIRE - GUARDIAN REQUIRED</p>
	<p><b>WOODLAND WARRIOR (8 YEARS +)</b> £19 - 1.5 HOURS - STEEP RAVINE Woodland warrior laser combat is like paint ball but without the paint and without the pain. It fires lasers and all hits are recorded. The woodland arena is set at the top of Steep Ravine in a dedicated wooded area. There are hides, ditches, bivouacs, and of course you and your opponent's camp. Our own instructors will guide you through different games and challenges. Be prepared to get down and dirty with our mud.</p>
	<p><b>TREE CLIMBING (6 YEARS +)</b> £11 - 1 HOUR - CAMP SMOKEY - GUARDIAN REQUIRED</p>
	<p><b>ARCHERY (8 YEARS +)</b> £14 - 45 MINS - TOURNAMENT FIELD While technology has moved forward, those eager to step back in time should give archery a go. Armed with a bow and arrows, see how your skills measure against those of Twm Sion Cati, the Welsh Robin Hood.</p>
14.30	<p><b>LASER CLAY SHOOT (8 YEARS +)</b> £14 - 45 MINS - TOURNAMENT FIELD How good is your aim? Challenge your friends and family or try and get yourself on our leader board. Never tried it before? No problem. It's a totally safe and environmentally-friendly way to enjoy the thrill of hitting your mark! Even the kids can have a go.</p>
	<p><b>ASSAULT COURSE (8 YEARS +)</b> £11.00 (£30 FOR 4) - 1 HOUR - TOURNAMENT FIELD</p>
15.00	<p><b>TREE CLIMBING (6 YEARS +)</b> £11 - 1 HOUR - CAMP SMOKEY - GUARDIAN REQUIRED</p>
	<p><b>ARCHERY (8 YEARS +)</b> £14 - 45 MINS - TOURNAMENT FIELD</p>
	<p><b>LASER CLAY SHOOT (8 YEARS +)</b> £14 - 45 MINS - TOURNAMENT FIELD</p>
	<p><b>TAWNY TALES (ALL AGES)</b> £5 PER CHILD - 45 MINS - ACTIVITY CENTRE - GUARDIAN REQUIRED An interactive puppet show like you have never experienced before! Come visit Tawny the Owl, but brace yourself, as 't-wit t-who' knows what epic story time adventure you will become part of. In each little tale there is lots of family filled fun you are guaranteed to have a 'hoot'!</p>
15.30	<p><b>CELTIC CHALLENGE (8-12 YEARS)</b> £13 - 2 HOURS - THE BANQUET HALL Get ready for two hours of arrows, laser clays, assault courses, catapults and more. It's tournament field time and with the instructor, give your bundles of energy the challenge they need that will leave them talking about all the way home.</p>
	<p><b>BEAST HUNT - NATURE (ALL AGES)</b> £7 - 1 HOUR - THE BANQUET HALL - GUARDIAN REQUIRED Not for those scared of the wriggles! Armed with your very own detective equipment you will need to use your skills and try to think like a mini beast of the woods. With the help of our Woodland Ranger you will search the fantastic grounds of the National Park in search of the woodland mini beasts.</p>
	<p><b>4X4 SAFARI DRIVER (6-11 YEARS)</b> £19 - 45 MINS - BIKE HIRE - GUARDIAN REQUIRED</p>
17.00	<p><b>ROCK CLIMBING (6 YEARS+) - MIN HEIGHT 1.1M, MAX WEIGHT 18.9 STONE</b> £18 - 1 HOUR - ADVENTURE CENTRE Do you like a challenge? Then come rock climbing and tackle 'The Overhang'. Nothing is out of reach in this one hour session where our trained professionals push the limits of adventure to the peak. No matter what level of knowledge or climbing experience, you will have guidance and support to achieve the challenges you set yourself. Can you climb beyond vertical in this 12 metre rock face? Aim BIG! climb BIG! Book now as the Challenge awaits you!</p>
	<p><b>KIDS HOUR FREE - 1 HOUR - THE BANQUET HALL - GUARDIAN REQUIRED</b> Kids Hour is a mad hour filled with party games, dancing and FUN! This is for all ages. Parents must stay to supervise the children.</p>
20.30	<p><b>PUB QUIZ</b> FREE - THE BANQUET HALL - GUARDIAN REQUIRED Pit your wits against fellow guests for the title of Brain of Bluestone.</p>





# well spa retreat

mind • body • soul

## 50 Minute Spa Experience - £70

choose from:

Aromatherapy Full Body Massage

Deep Tissue Full Body Massage

Deep Cleansing Back Ritual

Back, face and Scalp Massage

Full Body Hot Stone Massage

Full Body Salt and Oil Treatment

Maternity Massage

Welsh Chocolate Body Wrap

ESPA Skin Solutions Facial\*



\*Each of our ESPA facials offer a luxurious relaxing experience while targeting those specific skin care concerns, choose from:

• Skin Radiance Facial • Re-Hydrator Facial • De-Sensitiser Facial • Skin Purifying Facial • Age Defyer Facial

*Upgrade to our Lifestage facial for a more advanced anti-ageing treatment.*

*The patented technology used within our Lifestage product range help to offer a luxurious treatment with outstanding results. 97% of women see an increase in firmness after just 1 treatment. £10 extra.*

## Early Bird Experience - £20

Thermal Experience Glass of fruit smoothie (9am - 11am)

## Sun Down Experience - £20

Thermal Experience Glass of champagne (4pm - 7pm)



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### To book your spa experience

visit the Well Spa or telephone 01834 862419

### Well Spa Retreat Opening Times

Tuesday-Sunday 9am-7pm

Monday (Thermal Suite only) 9am-6pm