

SERVED FROM 8.30AM UNTIL 10.30AM

# BREAKFAST

## PORRIDGE BOWLS:

<b>Banana and chocolate (V)</b>	<b>£2.50</b>
<b>Berry and almond (V)</b>	<b>£2.50</b>

## TOAST:

<b>Egg on toast (V)</b>	<b>£4.00</b>
<b>Beans on toast (VE*, V)</b>	<b>£3.00</b>

## HOT:

<b>Welsh breakfast</b>	<b>£4.50</b>
<b>Vegetarian breakfast (VE*, V)</b>	<b>£4.50</b>

SERVED FROM 11.30AM UNTIL 5.00PM

# LUNCH

## SANDWICHES/JACKET POTATO

<b>Chicken sandwich (GF*)</b> Served with crisps	<b>£4.00</b>
<b>Ham and/or cheese sandwich (VE, V, GF*)</b> Served with crisps	<b>£4.00</b>
<b>Turkey meatballs jacket potato</b>	<b>£4.00</b>
<b>Cheese and/ or beans jacket potato (V, GF*, VE*)</b>	<b>£4.00</b>

## BOWLS

<b>Steamed chicken (GF*)</b> Served with mango and avocado salsa and brown rice	<b>£6.00</b>
<b>Root vegetable hash with baked beans and a fried egg (V, GF)</b> (Add sausage +£1)	<b>£5.00</b>
<b>Turkey meatballs with cheese and a marinara sauce</b> Served with flatbread and salad	<b>£6.00</b>

VE - Vegan

V - Vegetarian

GF = Gluten Free

\*Amendments possible