



FARMHOUSE

BAR & GRILL



The beef we use is sourced from Pembrokeshire, Carmarthenshire and Ceredigion farms under the Landsker brand and aged for a minimum of 21 days.

Our fresh chicken is free range and corn-fed from
Capestone Farm in South-West Pembrokeshire.

Burgers

Served in a brioche bun with lettuce, tomato and gherkins

Served with a choice of chips or new potatoes

Upgrade to sweet potato fries for £1

6oz beef burger	£14.00
Chicken breast GF*	£14.00
Moving Mountains vegan burger with caramelised onions in a sourdough bun VE	£15.00
Grilled halloumi, flat mushroom and chimichurri V, GF*	£15.00
Upgrade your burger?	
Add cheese GF, V	£1.00
Add bacon GF	£1.50
Add caramelised onions GF, VE	£1.00
Add grilled halloumi V	£3.00
Add flat mushroom VE	£1.50
Extra beef burger	£3.50
Extra chicken breast GF	£3.50
Extra Moving Mountains burger VE	£3.50

Footlong Hotdogs

Served with a choice of chips or new potatoes.

Upgrade to sweet potato fries for £1

Home smoked pork sausage	£14.00
Moving Mountains vegan frankfurter VE	£14.00
Upgrade your hotdog?	
Caramelised onion and yellow mustard VE, GF	£1.50

GF – Gluten free / **GF*** – Can be made gluten free
V – Vegetarian / **V*** – Can be made vegetarian
VE – Vegan / **VE*** – Can be made vegan





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From the Grill

Served with dressed mixed leaves and a choice of chips or new potatoes

Upgrade to sweet potato fries for £1

8oz Sirloin GF	£21.00
8oz Rump GF	£19.00
10oz Ribeye GF	£24.00
10oz Gammon GF	£19.00
Add pineapple GF, VE	£1.00
Add fried free range eggs GF, V	£1.00
Grilled fresh hake fillet GF	£19.00
<i>Topped with our homemade chorizo butter</i>	
Lamb leg steak GF	£22.00
Celeriac steak with shallot vinaigrette VE, GF	£15.00

Farmhouse Mains

Braised beef short rib GF	£22.00
<i>Braised until meltingly tender and served with spiced corn ribs, coleslaw and pan-fried new potatoes</i>	
Home cured 'corned beef' brisket GF	£18.00
<i>Homemade sauerkraut and petit pois a la Francais</i>	
Pea and roasted garlic risotto GF, V, VE*	£14.00
<i>Creamy arborio rice cooked with fresh pea puree, white wine and roasted garlic oil</i>	
Add 4oz sirloin GF	£6.00
Add chicken breast GF	£3.50
Katsu chicken curry GF	£17.00
<i>Marinated chicken breast, our homemade katsu sauce and fluffy basmati rice</i>	
Grilled vegetable katsu GF, VE	£14.00
<i>Served with our homemade katsu sauce and fluffy basmati rice</i>	
Grilled vegetable gnocchi VE*	£14.00
<i>Potato gnocchi, seasonal vegetables and red pesto</i>	
Add 4oz sirloin GF	£6.00
Add chicken breast GF	£3.50

Sides

Garlic bread VE	£3.50
Cheesy garlic bread V	£4.00
Onion rings	£3.50
Chips VE, GF	£3.50
Sweet potato fries VE, GF	£4.50
Halloumi fries V	£4.50

Sauces

Chimichurri VE, GF	£2.75
Peppercorn	£2.75
Chorizo butter	£2.75

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Sundaes and Desserts

Sundaes

- Summer fruits Eton Mess** **V, GF**£7.00
Meringue pieces, strawberry sauce, summer fruits,
Joe's vanilla ice cream, whipped cream
- Chocolate explosion** **V**£7.00
Chocolate sauce, waffle pieces, Joe's chocolate ice cream,
Chocolate muffin pieces, whipped cream

Desserts

- Belgian waffle** **V**£6.50
Summer fruits, cherry coulis and ice cream or cream
- Chocolate brownie** **V, GF**£6.50
Chocolate sauce and ice cream or cream
- Chocolate and orange torte** **VE, GF**£7.00
Dairy free vanilla ice cream
- Tangy lemon posset** **V**£7.00
Homemade shortbread
- Toffee and honeycomb cheesecake**£7.00
Served with cream

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Childrens menu

4oz sirloin GF	£8.00
Beef burger	£6.50
Chicken burger GF*	£6.50
Hot dog	£6.50
Vegan hot dog VE	£6.50
Fish fingers.....	£6.50
Chicken goujons.....	£6.50
<i>All the above served with chips and a choice of peas or baked beans</i>	
Tomato pasta, garlic bread VE, GF*	£6.50
<i>Add chicken</i>	£1.00
Grazing platter GF*, V*, VE*	£5.50
Ham or cheese, chips, raisins, cucumber, carrot sticks, bread and butter	
<i>Upgrade to ham and cheese</i>	£1.00

Childrens sundaes and desserts

Childrens sundaes

Summer fruit Eton mess V, GF	£5.00
Chocolate explosion V	£5.00

Childrens desserts

DIY sundae V	£4.00
Soft whipped ice cream with chocolate sauce and assorted sweets	
Chocolate brownie V, GF	£4.00
Chocolate sauce, whipped ice cream	
Ice cream V, GF	£3.00
Soft whipped ice cream with sprinkles	

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