

## ALCOHOLIC DRINKS

<b>DRAUGHT</b>	Abv	2/3 Pint	Pint	Half
Bluestone Pale Ale	4.1%		£3.60	£1.80
Heineken Extra Cold	5%	£3.00	£4.50	
Amstel	4.1%		£3.80	£1.90
Fosters	4%		£3.60	£1.80
Strongbow	4.5%		£3.60	£1.80
Strongbow Dark Fruits	4 %		£3.90	£1.95
Guest ales	Vary		£3.90	£1.95
Glamorgan Smooth	3.6%		£3.60	£1.80
Guinness	4.2%		£4.00	£2.00

## BOTTLED BEER

		550ml	500ml	330ml
Magic Lagyr (w)	5%		£3.95	
Cwrw Brwf (w)	4.2%		£3.95	
Cwrw Haf (w)	4.2%		£3.95	
OSB (w)	4.5%		£3.95	
Sol	4.5%			£3.30
Birra Moretti	4.6%			£3.90
Desperados	5.9%			£3.90
Crabbies Ginger Beer	4%	£3.80		
Heineken 0.0	0%			£2.50

## BOTTLED CIDER

			500ml
Bulmers Original	4.5%		£4.25
Bulmers Pear	4.5%		£4.25
Bulmers Fruits	4%		£4.25
Taffy Apple (w)	6%		£3.95

## SPIRITS

		25ml	50ml
Brecon Gin (w)	40%	£3.50	£5.25
Bombay Sapphire Gin	40%	£3.50	£5.25
Gordons Gin	37.5%	£3.00	£4.00
Five Vodka (w)	40%	£3.50	£5.25
Smirnoff Red Vodka	37%	£3.00	£4.00
Bacardi Rum	37%	£3.00	£4.00
Captain Morgan Dark Rum	40%	£3.00	£4.50
Captain Morgan Spiced Rum	35%	£3.20	£4.85

## LIQUEURS

		25ml	50ml	100ml
Malibu	21%	£3.00	£4.50	
Archers Peach Schnapps	18%	£3.00	£4.50	
Baileys	17%		£3.70	£5.55
Cointreau	40%	£3.20	£4.80	
Tia Maria	20%	£3.20	£4.80	
Crème de Menthe	24%	£3.20	£4.80	
Drambuie	40%	£3.20	£4.80	
Sambuca	38%	£3.20	£4.80	
Amaretto	28%	£3.20	£4.80	
Pernod	40%	£3.20	£4.80	
Apple Sourz	15%	£3.20	£4.80	
Tequila	38%	£3.20	£4.80	
Jägermeister	35%	£3.20	£4.80	
Glayva	35%	£3.20	£4.80	
Stones Ginger Wine	13.5%		£2.40	

## ALCOHOLIC DRINKS

<b>WHISKY</b>	Abv	25ml	50ml
Penderyn (W)	46%	£3.50	£5.25
Bells	40%	£3.00	£4.00
Jack Daniels	40%	£3.50	£4.50
Jamesons	40%	£3.50	£5.25
Southern Comfort	35%	£3.50	£4.50
Glenmorangie	40%	£4.50	£6.30

## BRANDY

	Abv	25ml	50ml
Courvoisier VS	40%	£3.50	£5.25

## VERMOUTH

	Abv	50ml
Martini Dry	15%	£3.00
Martini Bianco	15%	£3.00
Martini Rosso	15%	£3.00
Cinzano	15%	£3.00
Pimms	25%	£4.20

## SHERRY PORT

	Abv	50ml
Harvey's Bristol Cream	17.5%	£3.50
Cockburn's Ruby Port	20%	£3.50

(W) = Welsh

## NON-ALCOHOLIC DRINKS

### SOFT DRINKS

Coca-Cola, Diet Coca-Cola, Lemonade	16oz	£2.35
	Half pint	£1.50
	Dash	£0.60
Fanta	500ml	£2.35
Squashes	Pint	£1.35
	Half Pint	£0.85
J20	330ml	£2.50
Appletiser	275ml	£2.30
Simply Fruity	300ml	£1.50
Orange/Apple Juice	330ml	£2.25
Red Bull	250ml	£2.50

### MIXERS

Orange Juice	£2.00
Tomato Juice	£2.00
Tonic or Slimline	£1.80
Ginger Ale	£1.80
Bitter Lemon	£2.00
Pineapple Juice	£2.00
Bottled Waters	500ml £1.50
Milk	Half Pint £0.95

### HOT DRINKS

Tea	£1.80
Coffee from	£2.25
Hot Chocolate from	£2.80

### SNACKS

Crisps	£0.80
Peanuts	£0.70
Chocolate Bars	£0.75



# THE KNIGHTS TAFARN

## HISTORY WITHIN TOUCHING DISTANCE

From ancient burial chambers to medieval castles, Pembrokeshire is steeped in history and legend - and at Bluestone, the county's fascinating past lies within touching distance.

Within a few miles of the site are the majestic castles of Carew and Llawhaden, while even closer lie the remains of Slebech Church, around which the Knights Hospitallers of the Sovereign Order of St John established a commandery from which to protect 12th century pilgrims heading for St Davids. Some say the sword found on the nearby 'sacred isle' and currently on display at the National Museum of Wales is the very one used to Knight new members of the order.

There are two scheduled monuments within the boundaries of the Bluestone site itself, Castell Coch and Newton North Church.

LUNCH SERVED FROM 12<sup>PM</sup> UNTIL 4<sup>PM</sup>

## LIGHT LUNCH

<b>SOUP OF THE DAY</b> served with cheese and bread	<b>£5.<sup>95</sup></b>
<b>CHICKEN AND SWEETCORN CHOWDER</b> with crème fraîche and bread	<b>£6.<sup>50</sup></b>
<b>PLOUGHMAN'S LUNCH</b> served with honey roast ham or local cheese (V), celery, grapes, root vegetable crisps, home-pickled onions, white onion chutney and bread	<b>£9.<sup>50</sup></b>
Add Ham and cheese + £1.50	
<b>BAKED CAMEMBERT CHEESE SALAD</b> served with cranberry sauce and bread	<b>£7.<sup>50</sup></b>
<b>AUBERGINE, RED PEPPER AND MOZZARELLA QUESADILLAS VE*</b> with salad	<b>£6.<sup>50</sup></b>

## JACKET POTATOES

SERVED WITH SALAD AND HOME-PICKLED ONIONS

<b>CHICKEN OR VEGETABLE CURRY VE</b>	<b>£7.<sup>50</sup></b>
<b>HAM AND CHEESE</b>	<b>£6.<sup>95</sup></b>
<b>CHEESE AND BEANS V</b>	<b>£6.<sup>95</sup></b>

## SANDWICHES & WRAPS

SERVED WITH SALAD, ROOT VEGETABLE CRISPS AND PICKLED ONIONS

<b>STEAK AND RED ONION MARMALADE</b>	<b>£8.<sup>95</sup></b>
<b>SOUTHERN FRIED CHICKEN AND SRIRACHA MAYONNAISE</b>	<b>£6.<sup>95</sup></b>
<b>FISH FINGER AND TARTARE SAUCE</b>	<b>£7.<sup>50</sup></b>
<b>ROASTED VEGETABLE AND HUMMUS VE</b>	<b>£6.<sup>50</sup></b>
<b>KIDS CHEESE V OR HAM SANDWICH</b>	<b>£3.<sup>50</sup></b>

PLEASE ADVISE US IF YOU HAVE ANY FOOD ALLERGIES OR INTOLERANCES.

GLUTEN FREE OPTIONS AVAILABLE

FOR A LIGHTER OPTION ASK FOR SEASONAL VEGETABLES OR SALAD INSTEAD OF POTATOES

V = VEGETARIAN VE = VEGAN VE\* = CAN BE MADE VEGAN



MAIN MENU SERVED 12<sup>PM</sup>-4<sup>PM</sup> & 5<sup>PM</sup>-9<sup>PM</sup>

## MAINS

<b>8OZ WELSH RUMP STEAK MELT</b> topped with onion marmalade and cheese, served with chips and salad	<b>£19.<sup>95</sup></b>
<b>BREADED CHICKEN BREAST</b> with mashed potato and creamy bacon and leek sauce	<b>£15.<sup>95</sup></b>
<b>CURRY OF THE DAY</b> served with basmati rice, naan bread, poppadom and mango chutney	<b>£12.<sup>50</sup></b>
<b>BEER BATTERED FISH</b> served with mushy peas and tartare sauce	<b>£10.<sup>95</sup></b>
<b>BBQ SOUTHERN FRIED CHICKEN &amp; SLAW BURGER</b> served with chips and salad garnish	<b>£12.<sup>95</sup></b>
<b>WELSH SAUSAGE AND MASH</b> served with seasonal vegetables and gravy	<b>£10.<sup>95</sup></b>
<b>HOME BAKED HONEY ROAST HAM</b> fried eggs, chips and salad garnish	<b>£9.<sup>95</sup></b>
<b>PESTO PENNE V</b> served with garlic bread add chicken +£3.00	<b>£8.<sup>95</sup></b>
<b>CAULIFLOWER, CHICKPEA AND SPINACH CURRY VE*</b> served with basmati rice, naan bread, poppadom and mango chutney	<b>£10.<sup>95</sup></b>
<b>GRILLED HALLOUMI, ROASTED PEPPER AND HUMMUS BURGER V</b> served with chips and salad garnish	<b>£10.<sup>95</sup></b>
<b>ROAST SUPREME OF SALMON</b> with potato and spring onion salad and horseradish cream	<b>£15.<sup>50</sup></b>
<b>TANDOORI CHICKEN BREAST</b> bombay potatoes, green beans, naan bread and onion bhaji	<b>£15.<sup>95</sup></b>
<b>LEMONGRASS AND GINGER TOFU VE</b> Thai green rice noodle and vegetable stir fry	<b>£14.<sup>95</sup></b>
<b>DAUBE OF BEEF (UNDER 700CAL)</b> in a bordelaise sauce served with seasonal vegetables	<b>£12.<sup>95</sup></b>
<b>BANG BANG CAULIFLOWER SALAD VE*</b> with sweet chilli sauce	<b>£10.<sup>95</sup></b>
<b>PESTO AND MOZZARELLA SALAD V</b> add chicken +£3.00	<b>£8.<sup>50</sup></b>

## KID'S MAINS

ALL SERVED WITH BEANS OR PEAS AND CARROTS EXCEPT\*

<b>PESTO PENNE WITH GARLIC BREAD* V</b>	<b>£4.<sup>95</sup></b>
<b>CHICKEN AND TOMATO PENNE WITH GARLIC BREAD*</b>	<b>£5.<sup>95</sup></b>
<b>SAUSAGES, MASH AND GRAVY</b>	<b>£5.<sup>95</sup></b>
<b>FISH AND CHIPS</b>	<b>£5.<sup>95</sup></b>
<b>HAM, EGG AND CHIPS</b>	<b>£5.<sup>95</sup></b>
<b>SOUTHERN FRIED CHICKEN STRIPS WITH CHIPS</b>	<b>£5.<sup>95</sup></b>

## DESSERTS

<b>TREACLE AND APPLE TART VE</b> served with soy ice cream	<b>£4.<sup>95</sup></b>
<b>STICKY TOFFEE PUDDING V</b> served with vanilla ice cream or cream	<b>£5.<sup>95</sup></b>
<b>BELGIAN WAFFLE</b> with vanilla ice cream and chocolate sauce	<b>£4.<sup>95</sup></b>
<b>BREAD AND BUTTER PUDDING V</b> served with vanilla ice cream or cream	<b>£4.<sup>95</sup></b>

## KID'S DESSERTS

<b>BELGIAN WAFFLE V</b> with vanilla ice cream and chocolate sauce	<b>£3.<sup>50</sup></b>
<b>TRIO OF ICE CREAM V</b>	<b>£2.<sup>95</sup></b>

## SIDES

<b>CHIPS</b>	<b>£2.<sup>95</sup></b>	<b>SEASONAL VEGETABLES</b>	<b>£2.<sup>95</sup></b>
<b>GARLIC BREAD</b>	<b>£2.<sup>95</sup></b>	<b>ONION RINGS</b>	<b>£2.<sup>95</sup></b>
<b>GARLIC BREAD WITH CHEESE</b>	<b>£3.<sup>25</sup></b>	<b>HOUSE SALAD</b>	<b>£2.<sup>95</sup></b>